SANTA FE TRAIL HIGH SCHOOL NEWSLETTER MAY 2016

DRUG TESTING AT SFT

Santa Fe Trail High School tested many students for the 2015-16 school year. SFT had 2% of students fail the test and 4% refuse to test. All in all, the random drug testing this year went very well.

CHARGER STORE

The Charger Shop, Life Skills and Worksite classes went to Topeka to bowl and eat at Coyote Canyon as a wrap up for the school year. Everyone had a good time and definitely got enough to eat.



SFT-FBLA NEWS:

Congratulations to the seniors that have been a member for four years: Samantha Abendroth, Trevor Boudeman, Seth Coltrane, Suzanne Forbes, Cody Hastings, Kyle Hug, Keelie Johnson, Morgan Makowski, & Brandon Stahel. These seniors received a blue & gold honor cords to wear during the graduation ceremonies.

The **2016-2017 newly elected SFT-FBLA officer team** would be: President, Cameron Koger; Vice President, Kelsey Hug; Secretary, Savannah Hinck; Treasurer, Carson Stumpff; Editor, TJ Masters; Historian, Gretta Costlow; Stu-Co Rep, Hunter Ellenburg; Sophomore Reps, Otis Coslow & Ellie Coltrane.

ENERGY SCIENCE CLASS

The energy science class has had a very busy spring. Westar Energy brought in a display demonstrating electricity safety and shared with the class, and many other classes, the dangers that electricity poses to the human body. If you have never seen a hotdog exposed to high voltage you have missed out.

On Earth Day, April 22nd, they had the opportunity to travel to the Bowersock hydroelectric power plant in Lawrence for a tour. Like most Kansans they were surprised to learn that Kansas has a "dam" that produces electricity. This trip also included a trip to Rolling Hills Methane plant where students learned about the collection of methane gas produced from the decay of our "trash" and the electricity that is produced from that gas. We ended this renewable energy field trip with a stop at the Topeka VA and observed their solar farm.



Keeping with the theme of renewable energy, the energy science class also held a solar cooker competition where students created solar ovens and cooked hotdogs and pizza rolls. It drew quite the crowd at times, especially after "baking" the food for 3 hours and it was time to eat.



The class also had the privilege of hearing Tim Vice of Westar talk about the UVA he uses to help maintain the transmissions lines owned by Westar. During his visit Tim shared invaluable advice about entering the work force and what employers are looking for. I guess you could say we have had an **ENERGIZING** month!

FROM THE ART DEPARTMENT

SPRING ART AND WOODWORKING SHOW

On May 4th and 5th, Santa Fe Trail High School held their Spring Art and Woodworking Show, an end-of-year collaborative art exhibit. Both 2 and 3-dimensional artwork, as well as woodworking were on display. We had fun evenings with some wonderful artwork to view!

KANSAS FEDERAL JUNIOR DUCK STAMP CONTEST

Shea Cremeen, received an Honorable Mention in Division IV (10th thru 12th grade) of the Kansas Federal Duck Stamp Contest. This program has been in existence over 20 years, and is designed to promote exploration of wildlife and habitat conservation through the arts.

CELEBRATING ART PUBLICATION

Every year we seem to have at least a student or two from Santa Fe Trail High School chosen to be published in "Celebrating Art", an anthology that showcases the best of today's student artists. This year Kate Vollrath will have her acrylic painting "Lady of the Lake" published. Congratulations Kate!

PIONEER LEAGUE ART CONTEST

On April 27th we took 25 pieces to the League Art Contest in Iola. Aside from a fun day of art workshops, Anna Vrtev won an award of Artist Excellence (First Place) for her piece "Mindscape". Congratulations Anna!



Pictured: Cheyenne Gassman at the League Art Show

2016 CONGRESSIONAL ART COMPETITION

This same piece of Anna Vrtev's was in the Top 30 of the state in the 2016 Congressional Art Competition. It was featured with other finalists on Congresswoman Lynn Jenkins' website.

ARTSONIA ARTIST OF THE WEEK FINALIST

Kelsey Silver was a finalist for the "Artist of the Week" award for the 10th-12th grade age group on the Artsonia website for April 11-15th. Though she didn't win, she was well represented with votes from our school!

KEMPER MUSEUM ART FIELD TRIP

Drawing and Painting students from the high school accompanied Mrs. Doreen, Mrs. Riggs, and her Advanced Art Students from the junior high on a museum art field trip. They visited Kemper Museum of Contemporary Art in Kansas City on April 15th. This was a wonderful opportunity to expose our young artists to different mediums and the world of contemporary art.

Five freshmen biology students participated in the first annual Baker Wetlands BIO BLITZ. Students from different schools worked with Baker faculty members and researchers to take a survey of the plants and animals at the Baker University Wetlands in Lawrence. SFT students collected microscopic animals from land and water, and worked in labs to identity the species. After the collecting and identifying, students helped present the data to everyone. The students did a great job representing our school at this event!









FILM APPRECIATION

Film Appreciation is finishing up their film projects; *F.B.I. (Food Bourne Illness)*, and *Trump'd*. We are so excited this year, as The Green Team donated money to our department to buy a nice DLSR camera. This has increased the student's interest and passion with these projects!



FROM MRS. BURGETT

KAY club ending year with Pennie for Patients drive to support Leukemia & Lymphoma research & treatments. Challenge between classrooms & other donation drop boxes throughout building.

Culinary Arts II students learned cake decorating skills.



Nutrition & Wellness students have done several community service projects involving lifestyle choices.

During the Prom & Graduation season, they placed stickers from Drug Free Osage County raising awareness about consequence of furnishing alcohol for minors.

They have made a display of common objects representing serving sizes recommended when choosing foods.

Athletics and Activities at Santa Fe Trail High School

<u>Baseball</u>

The varsity team has an overall record of 6-10 this season. The junior varsity is 6-8 on the season. Santa Fe Trail will be participating in the Regional Baseball Tournament held by Meriden-Jefferson West, on May 17th @ Jefferson West Field, 500 Sunflower, Ozawkie. The teams at this regional are: Holton, Meriden-Jefferson West, Santa Fe Trail, and Topeka-Hayden. Game times are yet to be determined. The 4A Division II State Baseball Tournament will be held on May 26th and 27th at Emporia-Soden's Grove Baseball Field, 1000 S. Commercial Street, Emporia, 66801.

<u>Softball</u>

The varsity softball team has an overall record of 9-7 so far this year and the junior varsity has 3 win and 12 losses. Santa Fe Trail will be participating in the Regional Softball Tournament held at Osawatomie on May 16th @ Karl E. Cole Sports Complex, 800 12th Street, Osawatomie. The teams at this regional are: Kansas City-Bishop Ward, LaCygne-Prairie View, Osawatomie, and Santa Fe Trail. Game times are yet to be determined. The 4A Division II State Softball Tournament will be held on May 26th and 27th at Emporia-Trusler Sports Complex, 701 E. 18th Street, Emporia, 66801.

Boys Golf

SFT has been met with fairly nice weather conditions so far this year, unlike the past few years. Both the varsity and junior varsity have been competing very well in every tournament they are participating in. On Monday, April 25th SFT won the Pioneer League Golf Tournament, giving SFT our first Pioneer League championship. Dakota Baker placed third with a score of 85 to lead the way.

Santa Fe Trail will be playing in the 4A Regional Golf Tournament at the Wamego Country Club, 1900 Country Club Drive. Tee-Off (Shotgun) is at 9:00 am on Monday, May 16th. The 4A State Tournament will be held at Ulysses-Bentwood Golf Course, 1380 Frazier Park Road, Ulysses, 67880 on Monday, May 23rd.



<u>Track</u>

The Santa Fe Trail track team has had many team and individual successes so far this season. SFT continues to improve at each meet, as the athletes continue to set personal bests in times and distance. So far, Hannah Honeyman (3200) and Taylor Ball (Shot Put) have set new school records this season. The Pioneer League Track Meet will be at Garnett-Anderson County on Thursday, May 12th beginning at 3:30 pm. The Track and Field Regional will be held at Chanute High School on Friday, May 20th beginning at 2:00 pm. Look for many of our athletes to be competing at the state track meet, which will be held at Cessna Stadium in Wichita on May 27th and 28th.

Summer Weights and Conditioning

Weights and conditioning begins on Monday, May 30^{th} . It is offered in the mornings from 7:00 - 8:15 am on Mondays, Wednesdays, and Fridays. On Tuesdays and Thursdays, it will be open from 6:00 - 7:15 pm.

As the summer months begin, please be aware of the following KSHSAA rules as they relate to Outside Competition, Amateur Status and Awards:

Rule 20: Awards

Art. 3: Outside Agencies-Non-School Participation

a. Students who participate in athletic activities, outside of interscholastic competition, shall not accept awards of cash or merchandise. Medals, trophies and T-shirts shall not be considered merchandise.

Rule 21: Amateur

Section 1: General Regulations (apply to grades 7-12)

Art. 1: A student who uses his or her athletic skill or knowledge for gain, or who plays with a professional team, or who competes for a cash prize, shall be ineligible for that sport.

Rule 22: Outside Competition

Art. 3: A student becomes a member of a school's athletic squad, scholars' bowl or debate team when he or she first participates in a practice session. A student ceases to be a squad member after his or her last contest for the school's athletic squad, scholars' bowl or debate team or when the membership on a squad is terminated.

These are only a few of the policies and rules set forth KSHSAA 2014-2015 Handbook. To read more, please go to <u>http://www.kshsaa.org/Publications/Handbook.pdf</u>.

Information from KSHSAA concerning physical and concussion forms is below.

As you are making preparations for the 2016-2017 school year, please be reminded both the Pre-Participation Physical Exam AND the updated Parent/Student Concussion Information Release forms are available for download on the KSHSAA website. Both of these annual

forms are required to be on file at the school for every student-athlete and cheerleader, prior to participation in a first practice.

The most current PPE form has a revision date in the lower right hand corner of **1/15** and can be accessed by clicking <u>*HERE*</u>. Schools should only accept this most recent **KSHSAA physical form**. We encourage all schools to communicate with your local healthcare providers who administer PPEs about this version requirement.

Please remember the required PPE is only valid for the 2016-2017 school year if it is obtained on or after May 1, 2016.

The sample Parent/Student Concussion Information Release form has been updated for 2016-2017, and can be accessed by clicking <u>HERE</u>. Schools are not required to use this exact form, but are required by state law to have a new form on file each academic year signed by both a parent and the student acknowledging they have been made aware of signs, symptoms, and risks of concussions.

By making both of these forms available to you now, we hope you will provide your students with both items to be signed and returned to your office simultaneously.