

To: SFT USD 434 Board of Education and Mr. Lentz
From: Patrick Graham, SFTHS Principal
Concerning: 2021-2022 Student Handbook Changes
Date: May 27, 2021

We just have one addition. It is listed below. It is on pages 42 and 43.

STUDENT MEDICAL EVENT AND INJURY POLICY

Concussion Education and Testing

Santa Fe Trail Student-Athletes in the following sports/events but not limited to will be required complete the recommended concussion and head injury information release: Band, Football, Volleyball, Cross Country, Cheer, Dance, Basketball, Wrestling, Power Lifting, Baseball, Softball, Track and Golf.

All Santa Fe Trail coaches are required to complete annual training in recognizing and understanding concussion.

Athletes are required to view the free ConcussionWise course so that they may better understand concussion basics and how to prevent and properly care for a concussion. Parents are encouraged to watch the video as well.

Concussion in Sports (www.NFHSLearn.com)

Concussion for Students (www.NFHSLearn.com)

ConcussionWise, athlete version (www.sportsafetyinternational.org/cw-athlete-course/)

ConcussionWise, coach version (www.sportsafetyinternational.org/cw-coach-course/)

*All athletes must watch the video and complete the required test to participate in practice and to compete. The certificate needs to go to the athletic director upon completion.

For current and up to date information on concussions you can go to:

<https://www.cdc.gov/headsup/youthsports/index.html>

<http://www.kansasconcussion.org/>

For concussion information and educational resources collected by the KSHSAA, go to:

<https://www.kshsaa.org/Public/SportsMedicine/ConcussionGuidelines.cfm>

Athletic Injury

Any injury sustained while playing a Santa Fe Trail sanctioned sport MUST be reported to the school's Athletic Director or the School Nurse. The coach that witnessed the injury or was the first

to have contact with the injured student will complete an Accident Report within 24 hours of the injury. A copy of the Accident Report will be filed in the student's health folder.

If a student will miss school because of an injury, the student/parent/guardian should contact the Coach with an update on their status. The parent/guardian should notify the office of their absence daily.

Injury Evaluation and Treatment

Santa Fe Trail has Cotton O'Neil Orthopedic and Sports Medicine trainers available on site for evaluation on Monday and Thursday throughout the school year. Their schedule is subject to change. A consent form must be completed by a parent/guardian for a student to be seen.

Medical Provider Visits

Any student that is seen by a physician for an injury must submit a clearance note to the school nurse. This note must include a return to play/clearance date and be signed by the medical provider. Those students that are cleared from a concussion must provide a doctor's note signed by a MD or DO. The note must also include an injury diagnosis and therapeutic recommendations.

If a student sees a physician for an injury, they WILL NOT be allowed to return to practice or games until a clearance note is received, NO EXCEPTIONS. Students WILL NOT be able to participate in PE/weights program until cleared by a physician. In the event they are unable to do PE/weights an alternate assignment will be assigned at the discretion of the teacher.

Non-athletic Related Medical Procedures/Problems

Any student that is seen by a physician for a non-athletic illness or procedure (ex: surgery, asthma, illness, dental procedure) and has restrictions applied MUST submit a clearance note. Students WILL NOT be allowed to return to practice, games, PE/weights until a clearance note is received, NO EXCEPTIONS. In the event they are unable to do PE/weights an alternate assignment will be assigned at the discretion of the teacher.

Emergency Transport/ Emergency Room Treatment

Any student with an injury or illness that requires transport to or treatment in an emergency department must make follow up appointments with their family doctor or appropriate specialist, and be cleared, in writing, by that physician. Students WILL NOT be allowed to return to practice, games or PE/weights until a clearance note is received, NO EXCEPTIONS. Emergency Department discharge papers will NOT be accepted for return to play. In the event they are unable to do PE/weights an alternate assignment will be assigned at the discretion of the teacher.

Return to Play

Return to play is an individualized decision as each person will heal at different rates. Depending upon injury severity, students may be restricted in return to play. Students who were seen by a physician must have appropriate clearance, in writing, from that physician before they will be allowed to return to play. **Note: in cases of CONCUSSION, the student will follow a gradual return to play as provided by KSHSAA unless otherwise specified by the physician giving the note of clearance.**