

**SANTA FE TRAIL HIGH SCHOOL
NEWSLETTER
NOVEMBER 2021**

TIME PERIOD

The high school is at the fun exciting transition time in the building. We have finished all of the fall season events and now are transitioning to our winter activities. The KSHSAA Buffer Week signifies the transition. It is the week of November 8-12.

SFT BAND

The Santa Fe Trail Band currently has 20 individuals auditioning for a spot in the East Central District Honor Band. This district includes every school in Osage, Franklin, Wyandotte, Miami, and Johnson counties. They have been working extremely hard on their audition materials and will be notified by the second week of November if they have made one of the district honor bands. No matter the outcome we are very proud of these individuals for taking on this endeavor and striving for the next level in their playing abilities.

THE SCHOOL MUSICAL

The fall musical "Oklahoma!" is November 12th and 13th at 7:00 PM and November 14th at 2:00 PM.

It will be Oklahoma! This show was the very first musical to be written by the legendary musical theatre writing duo, Rodgers and Hammerstein. Oklahoma! is set in Native American territory at the turn of the century when cattlemen and farmers were fighting over fences and water rights. In the middle of that controversy are two more rivalries. One between a cowboy called Curly and a hired hand named Jud, both in love with Laurey. The second involves Ado Annie, Will and Ali Hakim, a trio that will provide plenty of laughs. A ranch hand encounters Aunt Eller and Laurey. Curly and Laurey have a secret passion for one another but they are too nervous to admit their feelings to one another. Curly expresses his feelings on how he would like to take Laurey to the box social that night. Meanwhile Will Parker has just returned from Kansas City. He along with other cowboys tell stories of the modern city to the onlooking ladies. Will is in fact in love with Ado Annie who herself is involved with a travelling salesman, Ali Hakim. Curly is upset to discover that Laurey has asked Jud Fry, a menacing field hand, to take her to the box social. To see what the fuss is over Jud, Curly makes a trip over to his smokehouse. Laurey is now uncertain and she wishes she had not asked Jud Fry, and asked Curly instead. Onlookers bid on hampers containing homemade food. When it comes to Laurey's hamper, Jud and Curly both fight over bids. Jud runs off with Laurey who, frustrated, fires him and breaks down. When Curly comes to her rescue they admit their love for each other. Come see the show on November 12th and 13th at 7:00 PM, and November 14th at 2:00 PM to find out how the story ends! The music and lyrics are some of the best in musical theatre with songs such as Oh What a Beautiful Morning, The Surrey with the Fringe on Top, People Will Say We're in Love, I Can't Say No, Oklahoma! and many more, making this a musical treat for all the family!

SFTHS ART DEPARTMENT

Time is flying and there are a lot of activities and deadlines coming up. Please encourage students to keep up with their studies.

ART CALENDAR OF EVENTS FOR Nov. 2021:

Butler **Art Dept.** Open House
Friday, November 12th
9 AM - 1 PM
300 building (West Lot)
901 S. Haverhill Rd. El Dorado, KS
www.butlercc.edu/facscholarships
(For more information connect Mrs. Kitten)

Scholastic Art and Writing Awards Due Date is Dec. 10th for our region

The Scholastic Awards are presented by the Alliance for Young Artists & Writers, a nonprofit organization whose mission is to identify and encourage the next generation of artists and writers.

https://www.artandwriting.org/?eml=SCM/e//content/campaigns/marketing/fy2022/misc/102721_awa3/AWA3_art/////////

- **SFTHS ART DEPARTMENT FACEBOOK** page (If you haven't already please like and follow us at <https://www.facebook.com/434-SFTHS-Art-107070800993078>) There are several wonderful exhibits posted and more to come. Senior Shows Cases start this week.
- Open Art Studio for November **9th & Nov 30th**, 3:35 - 4:30 pm.
- **Dec. 13th end of semester Fine Arts & Practical Arts Show 6:00 pm - 8:00 pm at the SFTHS**

Kansas City Art Institute Scholarship Due Dec. 1

Upon acceptance, your students will be awarded an annual merit-based scholarship of \$17,000!

Students can apply now for fall 2022 at kcai.edu/apply. Detailed information on how to apply, application requirements, and deadlines can be found at kcai.edu.

KAY BLOOD DRIVE

SFT hosted their annual fall blood drive on Wednesday, November 3rd, 2021. KAY sponsored the event.

KAY REGIONAL CONFERENCE

The SFT KAY Chapter hosted the Area 1 Regional Conference on Tuesday, November 2nd, 2021. Approximately 200 students from 26 area schools attended the event. The theme of the conference was "The Power of One" that also celebrated 75 years of KAY in the state of Kansas. It was a great day for all. Shout out to Mary Burgett, SFT's KAY sponsor, for organizing the event. Congratulations to junior Caroline Chiddix who was elected by her

KAY peers as the Area 1 President. This office will be served for the 2022-2023 school year.

FBLA

The officer team has been working through the National FBLA Program called ***FBLA Champion Chapter*** by completing different tasks that help increase involvement and community service. So far we have completed the **Summer Starter** and **Shaping Success** challenges. President Max Black has been leading the officer team through completing these activities! Our goal is to become a Gold Level chapter through this program.

Max Black applied and was accepted to be part of the Active Member Advisory Council through Kansas FBLA! Congratulations to Max for being selected to be part of this group to work on a council at the state level of the FBLA.

On Halloween, FBLA Officers and Members participated in Trunk or Treat at both Carbondale and Overbrook. It was a great community service event for FBLA to get out into the community and pass out candy to children!



Upcoming FBLA Events:

- November 12-14 FBLA Fall Conference in Oklahoma City, Oklahoma.
- November 22 Dodgeball Tournament - money from entry fees goes to the March of Dimes

ACCOUNTING

This year in Accounting I have been redesigning the way I go about my educational practices. I am doing this in two ways: 1) Grading using a Standards Based Grading method. What this means is that instead of students culminating points on all that we do throughout the year, I grade them based on their level of mastery for the standards for Accounting. It allows me to have a better understanding of what students actually know based on the skills within Accounting. And then 2) I am using an alternative flipped method where I recorded lessons of me demonstrating the skills we are working on in class. Then students can go at their own pace within the unit while learning the skills. That gives me the ability to help the students that need more assistance rather than stopping the entire class. I have learned ways to adjust the methods that I am using to do the best pedagogy possible.

COUNSELOR'S CORNER

Teenagers and Mental Health

People nationwide are struggling with a variety of mental health issues. Current News, divisive politics, disruptions from COVID, winter weather, and a time change looming are negatively impacting many Americans. These impacts can be seen with an increase in anxiety and depression. Combine that with typical teen issues of body image, social acceptance, and pressure to succeed. Below are some resources for helping your teen with depression and anxiety.

[Parents' Guide to Teen Depression](#)

[Adolescent Anxiety and Avoidant Disorders](#)

In more serious cases struggles with mental health can lead to suicidal thoughts. Suicide is the 2nd leading cause of death in individuals ages 11-19.

[Teens and suicide-what parents should know](#)

You know your child best. You know how they react to frustrations and challenges and how good days look vs. bad days. You can play a role in building up your child's mental health by being aware of the warning signs, making yourself available to your child, engaging them in conversations to better understand what they are experiencing, and reaching out for help when you can see that the struggle is too much for them to manage alone.

In the event of a crisis situation-

- National Suicide Prevention Lifeline at 1-800-273-TALK
- Text the Crisis Text Line by texting 'TALK' to 741741 to speak or text with a trained counselor who can provide guidance on the most appropriate next steps and resources.
- Calling 911 is best for situations when self-harm is occurring or is about to occur.

Help for the Holidays

Here are some local resources for families who may need a little extra assistance at Holiday Time.

<https://www.helphouse.online/>

<https://unitedwaytopeka.org/work/cb/>

<http://www.eckan.org/event/osage-county-christmas-bureau-application-accepted-3/>

WEIGHT CLASS COMPETITION

On Wednesday, November 10th during Activity Period, Ms. Kramer will be hosting a championship round of competition for her weight classes. The winning teams from each class will compete against each other to have a school championship team. They compete in a variety of exercises that value strength, agility, and athleticism.

Athletics and Activities at Santa Fe Trail High School

As the fall activities at Santa Fe Trail are completed, we are now gearing up for the winter events. Basketball, Wrestling, Scholar's Bowl and Debate will headline much of the extra-curricular happenings at SFT over the next few months. **The winter sports parent**

meeting is Tuesday, November 9th at the high school starting at 7:00 pm. We are looking forward to what is hopefully a much more “normal” winter season, as compared to last year. Although there are no mandatory restrictions, we will follow other district policies when we are guests.

Football

The Chargers went 2-7 on the season this year. SFT was in a tough district facing Hayden and Perry-LeCompton in districts, then finishing our year again at Holton. We had many younger classmen gain varsity experience this year. The junior varsity finished 5-3 on the season and the freshmen were 1-4.

Volleyball

On October 22nd the Chargers traveled to West Franklin for the Sub-State Volleyball Tournament for Class 3A. Santa Fe Trail lost to eventual sub state winner and 1st in state Olathe Heritage. Trail finished 12-23. The junior varsity, consisting mostly of freshman, and competed well. The C team did pick up a couple wins, and also made improvements as the year progressed.

Cross Country

The Santa Fe Trail Cross Country teams competed at the Sabetha 3A Regional on Saturday, October 23rd. The girls team ran a great race and qualified the whole team for the state tournament. The boys did not have a State qualifier but enjoyed many PR's as the year progressed. The girl's team ran at the Class 3A Cross Country State Championships in Wamego. The runners competed well but did not gain medals. The team finished 10th.

Scholars Bowl

The varsity season kicked off on 11/1. The team had great success finishing 1st and going 9-0! The varsity continued their dominance the following day at West Franklin, going 7-1 and also winning 1st place. A great start for the Chargers.

Girls Golf

Girls Golf put together an outstanding season. The girls consistently finished in the top three at most tournaments that they were full strength. Braegan Buessing was the regional champ for the second year in a row, and also became a 2-time 3A state medalist, after winning 5th at 3A state in Hesston.

KSHSAA Buffer Week

The KSHSAA Senior High Fall Athletic Buffer Week is Monday, November 8th thru Sunday, November 14th. There shall be no athletic practice, offseason conditioning, informal basketball shooting, working out on wrestling mats, etc. in **school owned** facilities during the fall athletic buffer week. Athletic activities of this nature may not be held under the supervision of a school staff member in non-school facilities. This means a **moratorium** on all school sponsored athletic activities during this week. Gymnasiums shall not be open to students during the fall athletic buffer week for purposes of shooting baskets, working out with weights, etc. **outside of school hours**. Physical education classes are considered part of the school day. Buffer week does not eliminate football practices for those senior high schools who qualify for football playoffs until such time their footballs season is over.

KSHSAA Concussion Video Requirement:

Santa Fe Trail High School students who are planning to participate in sports/cheer/dance anytime during the 2021-2022 school year are required to attend a free National Federation of High Schools Concussion In Sports on-line course prior to starting practices. Those students who are participating in winter sports will be required to have this process completed prior to the start of practice on Monday, November 15th. Those that have not completed this requirement by that time, will not be allowed to practice until they have it completed. This is a requirement by the Kansas State High School Activities Association Executive Board. Anyone can participate in this course and many others offered by NFHS by going to NFHSLearn.com. Once completed, you can either print off your certificate or take a photo of it for proof of completion. Again, this is a requirement for any student who plans to participate in sports/cheer/dance during the 2020-21 school year.