

February, 2023

The Charger

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The Official Newsletter of SFTJH/CAC

You Belong Here!

Second semester is off to a fabulous yet very fast start. Students and staff came back from holiday break with great attitudes and added focuses on learning and growing. I am pretty sure I didn't blink five times before January ended. In the second semester of school we are gearing up for significant milestones as related to learning. All students in our school will take the state ELA and math assessments. Our fourth and seventh graders will take the state social studies test while our fifth graders will take the state science test. Instruction and learning behaviors are always important though in second semester the awareness increases just a bit. A goal we have at school is to improve communication with families. These are the current ways we communicate school happenings. If you have suggestions and/or constructive feedback I'd love to have it.



- email to staff and parents
- phone calls - staff will return calls from parents
- hand-written notes to/from school
- United States Post Office
- text message
- newsletters
- Facebook - Carbondale Attendance Center/SFTJH and Santa Fe Trail Unified School District 434
- www.usd434.org - (look here for the district calendar, school info, photos, and news)

NOVEMBER 2022

StuCo News

by Tiffany Burget

StuCo students have been working on two projects. They have a pass on the positivity board that they refill each time that we met for our students that need a word of encouragement. They have also made hopeful selections for a snack cart and are coming up with how they will spend the profit that their cart earns. They hope to meet with administration soon to get everything finalized.

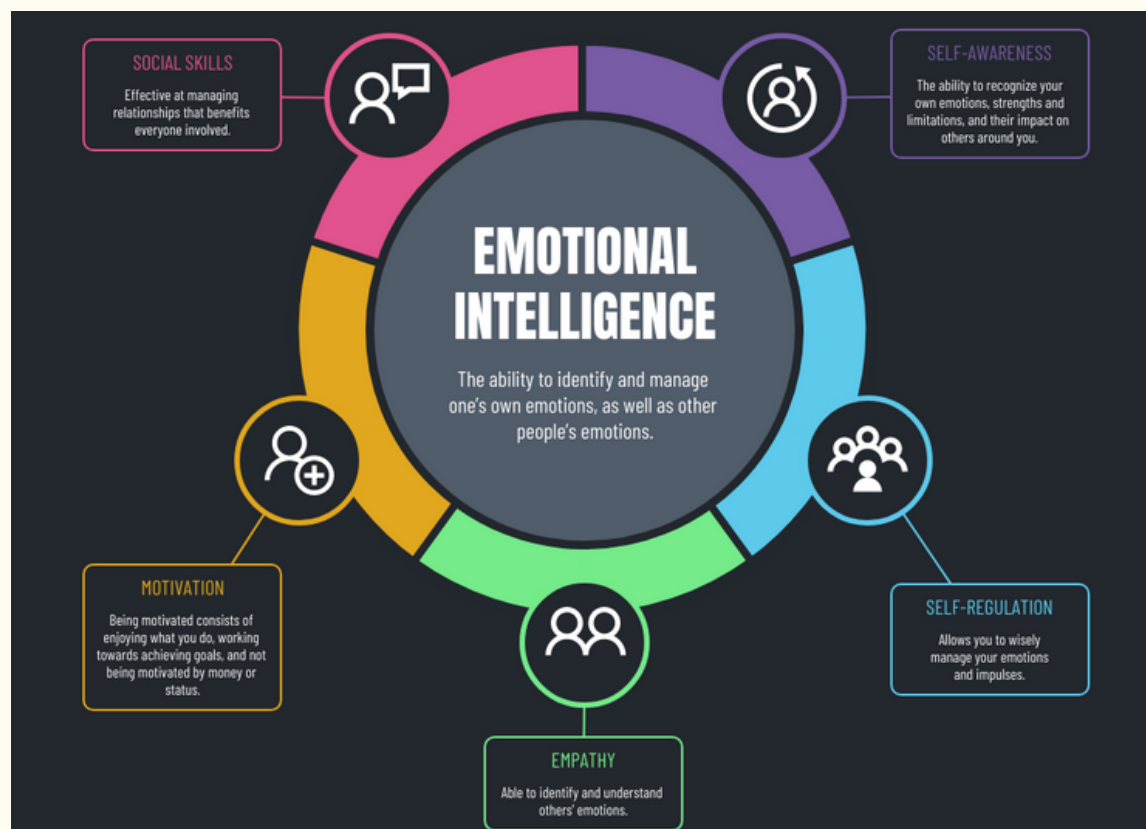
Leads on Learning

by Kaytee Deines

With a new year and new semester, I thought I would reintroduce our Title program at CAC. My name is Kaytee Deines and I am the 4-8 grade math and reading interventionist. Reba Tipping and Daytona DaPrato are full time math and reading coaches who assist with seeing students in a small group setting. This semester we also welcomed 3 new part-time coaches; Frances Guffy, Jessica Hamm, and Shawna Manis. Our team works very hard to boost students' knowledge in both math and reading in order to further their success in the classroom. If you have any questions at all do not hesitate to reach out.



Counselor's Corner



Emotional Intelligence

Emotional intelligence (EI) is the ability to perceive, interpret, demonstrate, control, evaluate, and use emotions to communicate with and relate to others effectively and constructively. Some experts suggest that emotional intelligence is **more important than IQ** for success in life.

Signs of Emotional Intelligence

Some key signs and examples of emotional intelligence include:

- An ability to identify and describe what people are feeling
- An awareness of personal strengths and limitations
- Self-confidence and self-acceptance
- The ability to let go of mistakes
- An ability to accept and embrace change
- A strong sense of curiosity, particularly about other people
- Feelings of empathy and concern for others
- Showing sensitivity to the feelings of other people
- Accepting responsibility for mistakes
- The ability to manage emotions in difficult situations



CAC LIBRARY NEWS

FIRST SEMESTER REPORT



Fall 2022 Library Statistics

Students at CAC in 4th-8th grade had a total of 7,462 book check outs between August and December.

Mrs. Michaelis delivered 12 Book Tastings during Monday Morning Meetings. Book Tastings are a quick descriptive pitch featuring a book in our library available for check out.

We are continuously working to acquire more reading materials in a variety of formats to serve our staff & student body.

40 Book Challenge Update

We have 78 Students & 3 Teachers participating.

So far a total of 704 Books have been read.

Participants have until the end of April to read at least 30 Books in the challenge to receive a prize.



NURSING NEWS...

IS IT A COLD OR FLU?

SIGNS AND SYMPTOMS	COLD	FLU
Symptom onset	Gradual	Abrupt
Fever	Rare	Usual
Aches	Slight	Usual
Chills	Uncommon	Fairly common
Fatigue, weakness	Sometimes	Usual
Sneezing	Common	Sometimes
Chest discomfort, cough	Mild to moderate	Common
Stuffy nose	Common	Sometimes
Sore throat	Common	Sometimes
Headache	Rare	Common

#FIGHT FLU

DID YOU KNOW???

We can test for influenza A & B here at the school...just need to ask for it and give permission for the testing!

Rules for the flu:

- Stay home when you are sick.
 - If possible, stay home from work, school, and errands when you are sick. You will help prevent others from catching your illness.
- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, or mouth. Germs spread this way!!!
- Clean and disinfect surfaces or objects.
 - Clean and disinfect frequently touched surfaces at home, work or school, especially when someone is ill.



Band Announcements

by McKenzie Rice

The CAC band students have been working extremely hard on their fundamental skills, and soon we will be diving into their playing tests and concert music! As always if you ever have any questions or concerns please feel free to reach out to us anytime! You can find our upcoming events below!

7th/8th Grade: League Band Day March 28th in Iola
5th-12th Spring Band Concert: Friday May 5th at the Overbrook Fairgrounds

FEBRUARY 2023

Choir/Music Announcements

By Kara Holbert (Mason)

2023 has been off to a great start with Vocal Music here at CAC. Junior High Singers have been learning their new music and rehearsing for our Concert next month. 5th Graders have started working on their songs for their program "Disney: The Movies, The Music" coming up in March. 6th Grade has started off learning their music for their concert in April too!

Coming up:

- 5th Grade Music Program
 - March 2nd @ 7pm in the CAC Gym
- Junior High Choir/High School Choir Combined Concert
 - Tuesday, March 7th at SFTHS @ 7pm

Dear 4th Grade Families,

Please mark your calendars for the upcoming 4th grade music performance on Monday, March 6th, 2023 at 6:30 PM.

Please plan to have your child at SFTHS no later than 6:10 PM on March 6th.

For more information about where to drop your student off, concert attire, and other frequently asked questions, keep an eye out for a paper letter that will be sent home with your student in February.

We're looking forward to having a rockin' concert with you!

Rock on, CAC!
Jen Slaght
Music Teacher

"I think music in itself is healing. It's an explosive expression of humanity. It's something we are all touched by. No matter what culture we're from, everyone loves music."

Billy Joel

FBLA- Middle Level Chapter

by Kim Dayhoff & Rob Colvin

The FBLA- Middle Level Chapter members were planning on competing on January 25, 2023 for District's at ESU but due to the weather and having more than half of the schools not able to attend, it was unfortunately cancelled.

The District competition will not be rescheduled for an in person competition but the students will be given the opportunity to take their objective tests during the week of Jan. 30-Feb. 3, 2023. The students will take their tests online at school and that schedule has not yet been finalized.

On Friday, January 26th, the students will be given back their \$10 that they turned in for their lunch.

In the spring, the members will have a fundraiser of selling pretzel rods and the money raised will help pay for their district and state registration fees.

FBLA will continue to have their monthly meetings on the 2nd Tuesday of each month at 7:30 am in Mr. Colvin's classroom. The next meeting will be February 14th.



KAY News

by Alicia Amborski

On January 26th, the KAY group will head to West Franklin Middle School for their Unit Conference. Members have an opportunity during this conference to meet with other service-interested peers, listen to speakers from around the state, and take part in a service project as a whole body.

The day is a great opportunity for our students to take a lead in projects with others that they do not necessarily know personally. Unit Conference also announces the theme of the KAY Leadership Camp held in July at Rock Springs 4H Camp. Many members may take interest in attending camp after having a chance to bond with others outside their school. Although there is a fee for camp, our club tries to help those who are interested attend. Please visit with Mrs. Amborski regarding making this happen.

In February, KAY will be selling our once-popular Valentine suckers. These lip-shaped suckers come in the following flavors: bubble gum, cinnamon, grape, raspberry, strawberry, watermelon, orange, and berry. These suckers will be sold before school on Feb. 6-14 for a price of \$1. The profit of these sales goes to helping our group attend camp.



Athletics and Activities

by Austin Hershberger

The 2023 Boys Basketball season kicked off on January 5th at Prairie View. Since then, the team has played several home and away contests. Currently, the 7th grade team holds a 7-0 record at the half way point of the season, while the 8th grade team is 2-5. The boys will play three road contests to begin February before wrapping their season up with home slates vs St. Mary's and Iola on February 13 and February 16, respectively. The Chargers are coached by Sam Hendee, Rob Colvin, Christian Gulker, and Tiffany Burget.

The Junior High Scholars Bowl teams have begun preparation for their upcoming season. The 7th and 8th grade teams practice primarily during their lunch period twice per week. Scholars Bowl is an academic contest in which subject matter of at least three of the five academic disciplines required by the State Board of Education for high school graduation are used for competition. This activity features head to head academic team competition, quick response answers, and time limits on questions. The team will begin their season on February 14 @ Burlington.

February Activities Schedule:

- Feb 2: Boys Basketball @ Iola 4pm
- Feb 3: Junior High Cheer Showcase 6pm
- Feb 4: Junior High Cheer Competition @ Baldwin 9:45am
- Feb 7: Boys Basketball @ Anderson County 4pm
- Feb 9: Boys Basketball @ Burlington 4pm
- Feb 13: Boys Basketball vs St. Mary's 4pm
- Feb 14: JH Scholars Bowl @ Burlington 4pm
- Feb 16: Boys Basketball vs Iola 4pm
- Feb 20: JH Scholars Bowl @ Anderson County 4pm
- Feb 23: JH Scholars Bowl HOME MEET 4pm
- Feb 28: JH Scholars Bowl League Meet @ Prairie View 4pm