

**SANTA FE TRAIL HIGH SCHOOL  
NEWSLETTER  
FEBRUARY 2023**

**BOARD GOAL #1—DISTRICT COMMUNICATION**

The first board goal is about district communication. Communication is a key component for the successful partnership with students, staff, and community members.

In order for it to be successful, it has to be continual and ongoing.

The HS uses the website, Facebook, Twitter, and email to communicate to its stakeholders.

This coming spring all students in grades 9, 10, and 11 will meet face to face with a HS staff member to work on their Individual Plan of Study. This individualized partnership has been very effective keeping our students, parents, and the school on the same plan for post-secondary opportunities.

The incoming 8<sup>th</sup> graders will also have a couple of nights in March where they will meet with HS staff members to work on their Individual Plan of Study too. They will also have the opportunity to tour the building.

**ACT PREP AND TEST FOR THE JUNIORS**

SFT hosted an ACT Prep with Carolyn Devane, from PowerPrep, on Wednesday, February 1st, 2023 for our juniors.

The juniors will be taking the real ACT test during the school day in the new gym on Tuesday, February 28, 2023.

**ENROLLMENT CONFERENCES**

They will begin soon. These are the individual meetings with a staff member and student to determine their Individual Plan of Study.

**VALEDICTORIAN AND SALUATORIAN OF THE CLASS OF 2023**

Congratulations to Ella Huizenga, Max Black, and Aulysha Lester! These three seniors are the Valedictorian and Co-Salutatorians for the Class of 2023.

Valedictorian—Ella Huizenga  
Co-Salutatorians—Max Black and Aulysha Lester

**TOP 10**

Congratulations to the TOP 10 for the Class of 2023! They are:

Ella Huizenga—Kansas State University  
Max Black—Undecided but plans to go to college  
Aulysha Lester—Emporia State University  
Cody Black—Undecided but plans to go to college  
Alyssia Llamas—Washburn University  
Caroline Chiddix—Washburn University  
Jake Thompson—Undecided but plans to go to college

Preston Koger—Kansas State University  
Olivia Truelson—Kansas University  
Mackenzie Jeanneret—Central College in Iowa

### **FBLA**

January 27th, Max Black, FBLA District VII Vice President, traveled to the capitol to meet with the governor for a governor's proclamation signing and capitol tour. The signing proclaims February 5-11 as National Future Business Leaders of America Week in Kansas.

If you know a high school student, who isn't already a member of our FBLA chapter, encourage them to get involved. Besides having fun, members have access to valuable learning opportunities and practice building skills that can be applied no matter their future career path.

### **WASHBURN TECH**

Santa Fe Trail High School took students interested in attending Washburn Tech next school year on Tuesday, February 7 at 10 am to take the Accuplacer. This is the test that Washburn Tech requires for entry. It also determines what program they can enter.

### **BAND**

Santa Fe Trail Band students have been very busy this first month back to school. 6 students auditioned for the All-State band, 11 students participated in the Kansas State University Honor Band Clinic, and 16 were selected to participate in the Washburn University Honor Band. All of these groups require a lot of individual work and preparation outside of school, and we are very proud of their accomplishments! As for the entirety of the band they have just finished up their playing tests for this year and we are excited to get started in our concert band season!

### **FROM THE ART DEPARTMENT**

Cheers Everyone,  
Hope your New Year is off and running smoothly. We have a busy Spring Semester ahead.

### **ART CALENDAR OF EVENTS FOR 22-23**

- **Please check out our Senior ONLINE Show Cases**  
<https://www.facebook.com/434-SFTHS-Art-107070800993078>
- **Friends Virtual Competition: March 19 In-Class Workshops: Spring Welcome to an all-new Art Challenge!** The event consists of a juried art competition in March calling high school participants of all backgrounds and experience levels. Winners are featured in a First Friday gallery show and awarded generous scholarships. Free in-class workshops are offered throughout the semester.
- **Kansas Youth Art Month Exhibit: Teachers across Kansas only get to submit one work of art per school and I am happy to announce that *Abby Dinger* will be representing SFTHS this year. The Youth Art Month exhibit will be on display from February 28th through March 25th. The Library is located at 1515 SW 10<sup>th</sup> Ave, Topeka, KS and the hours are as follows: Monday-Friday 9 am to 9 pm; Saturday 9 am to 6 pm; and Sunday 12 pm to 9 pm.**  
<https://tsopl.org/about/map>

- March 31, 2023, Washburn High School Art day. (Advanced Art Students and SFTHS League Team will be attending)
- **ART League competition on April 27th in Wellsville, KS. GO CHARGERS!**
- May 10th, 2023 End of semester Fine Arts and Practical Arts Show 6:00 pm - 7:00 pm at the SFTHS.

Please feel free to contact me via email with any questions.

Thanks for your support.

Have a great rest of your day.

Mrs. Kitten

### **A FEW THINGS FROM THE SCIENCE DEPARTMENT**

Anatomy and Physiology - A&P students just finished studying the Muscular System and will begin learning about the Nervous System this week.

Biology - This week the biology students will wrap up their unit on Genetics.

Next week they will begin a unit on Heredity.

### **Athletics and Activities at Santa Fe Trail High School**

The winter sports season is approaching post season! The spring sports season is just around the corner with practices starting on Monday, February 27th. Student athletes must have their physical, district activity form, concussion form, and COVID-19 form completed and turned in, if they have not done so. They must also have completed an on-line concussion education program (more information below). There will be a High School Spring Sports Parent Meeting on Wednesday, February 15th at 7:00 pm in the high school gym.

#### **Basketball**

The Santa Fe Trail boys and girls basketball teams are competing well this season. Currently, the Varsity boys are 4-9. The Varsity girls are 11-2 on the season. Winter Royalty is on Friday, February 3rd and the ceremonies will be at halftime of the boys' varsity game against Prairie View. Senior night will be held on Friday, February 17th when we host Wellsville. SFTHS will play in the basketball sub-state held at Anderson County High School the week of February 27th. Since we are 3A for basketball, the first round games will be held at the higher seeded team's home site. The sub-state winners will advance to state to be held at Hutchinson Community College-Sports Arena in Hutchinson the following week.

#### **Wrestling**

The SFT wrestlers are winding down their season as they only have Pioneer League left for regular season on Thursday the 2nd at 4:30pm for the girls at Osawatomie, and Thursday, February 9th for the boys at Wellsville. Santa Fe Trail girls will travel to Rossville on February 11th, and the boys travel to Baldwin High School for Regional Wrestling on February 18th. Those wrestlers who place 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> or 4<sup>th</sup> at Regionals will then go on to state competition at the Tony's Pizza Event Center in Salina on February 22<sup>nd</sup> and 23<sup>rd</sup> for girls, and 24<sup>th</sup> and 25<sup>th</sup> for boys. SFT is still in Class 4A for Wrestling.

The SFT Girls have taken 1<sup>st</sup> at Council Grove, 1<sup>st</sup> at Wellsville, and 2<sup>nd</sup> at Baldwin out of 23 teams, and are 6-4 in duels. The boys have won the Anderson County Invitational, 2<sup>nd</sup> at Rossville, and 4<sup>th</sup> at Baldwin, and are also 6-4 in duels.

### **Concussion Program**

Santa Fe Trail High School students who are planning to participate in sports/cheer/dance anytime during the 2022-2023 school year are required to attend a free Concussion In Sports on-line course prior to starting practices. Those students who are participating in spring sports will be required to have this process completed prior to the start of practice on Monday, February 27th. Those that have not completed this requirement by that time, will not be allowed to practice until they have it completed. This is a requirement by the Kansas State High School Activities Association Executive Board. Anyone can participate in these courses and many others offered by NFHS by going to [NFHSLearn.com](http://NFHSLearn.com). Once completed, you can either print off your certificate or take a photo of it for proof of completion. Again, this is a requirement for any student who plans to participate in sports/cheer/dance during the 2022-2023 school year.

**Any** of the following online courses are recommended by the KSHSAA and the KSHSAA Sports Medicine Advisory Committee for coaches, student-athletes and school administrators to meet the concussion and head injury education requirement:

Concussion in Sports ([www.NFHSLearn.com](http://www.NFHSLearn.com)) approximately 45 minutes

\*Concussion for Students ([www.NFHSLearn.com](http://www.NFHSLearn.com)) approximately 30 minutes

\*ConcussionWise, athlete version ([www.sportsafetyinternational.org/cw-athlete-course/](http://www.sportsafetyinternational.org/cw-athlete-course/))

ConcussionWise, coach version ([www.sportsafetyinternational.org/cw-coach-course/](http://www.sportsafetyinternational.org/cw-coach-course/))

CDC Heads Up Concussion in Youth Sports (<http://usafootball.com/health-safety/concussion-awareness>)

\*Course content designed for student-athletes.