

September 1, 2023

# The Charger

Jodi Testa, Principal  
Austin Hershberger, AP/AD  
1.800.836.9525

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The Official Newsletter of SFTJH/CAC

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## Bolt Up!

It is my pleasure to welcome everyone to the 23/24 school year! We were extremely happy with the huge number of families that attended our Parent Orientation on August 16th. The hallways and classrooms were filled with smiles, laughter, and excitement for new beginnings.

In the first few weeks of school staffmembers introduced common area expectations, classroom expectations, and procedures for everything from pencil sharpening to turning in papers. In the meantime students shared their summer fun, vacations, and friendships with us.

Our theme for this school year is BOLT UP! Our staff chose this because it embodies that which we expect from ourselves and our students. We expect one another to display respect, responsibility, and the readiness to conquer all that comes our way. Whether it be an academic challenge or a social challenge, Chargers are willing to BOLT UP and do the right thing!

You are welcome to spend some time in our classrooms, lunchroom, and at our evening activities. We've much to celebrate at SFTJH/CAC and we invite you to join us.





# Nursing News...

With school back in session...we have already started seeing illness spreading!! Strep and Covid are on the rise at CAC, as well as stomach viruses. Please encourage your children to:

Wash their hands!!

Don't share drinks!!

Cover their mouth & nose when they cough/sneeze!!

Put the electronic devices down & get a good night's sleep!!

One way to help the nurse with the increase in visits to the nursing/health office is to make sure you have a current Over the Counter medication administration form on file. These need to be completed and submitted every school year in order for your child to receive any medication, including cough drops, from the nurse. Please contact the nurse if you do not know if you have one on file.

If you send in a signed Over the Counter medication form, please send the medication, in the original bottle, with your child. We can store it in the nurse's office for the school year. There is a very limited supply of over the counter medication that the nurse has available and it is for Emergency Use Only!

CAC does not keep chewable medications in stock! If your child can't swallow pills please send in chewables!!

## I NEED TO STAY HOME IF...

I HAVE A FEVER	I AM VOMITING	I HAVE DIARRHEA	I HAVE A RASH	I HAVE HEAD LICE	I HAVE AN EYE INFECTION	I HAVE BEEN IN THE HOSPITAL
Temperature of 100.4 or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	Itchy head, active head lice	Redness, itching, and/or "crusty" drainage from eye	Hospital stay and/or ER visit

## I AM READY TO GO BACK TO SCHOOL WHEN I AM...

Fever free for 24 hours without the use of fever reducing medication i.e Tylenol, Motrin	Free from vomiting for 24 hours	Free from diarrhea for at least 24 hours	Free from rash, itching, or fever I have been evaluated by my doctor if needed.	Treated with appropriate lice treatment at home and proof is provided to nurse	Evaluated by my doctor and have a note to return to school	Released by my medical provider to return to school
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Questions? please call Dodie Greenfield, RN at 1-800-836-9525 x3122 or email [dgreenfield@usd434.us](mailto:dgreenfield@usd434.us)



## StuCo News

*by Tiffany Burget*

StuCo has applications out for students to apply. The deadline for applying is Friday, September 8. Any student in grades 4-8 is encouraged to apply especially if they want to be a leader at our school.

## Leads on Learning

*by Kaytee Deines*

My name is Kaytee Deines and I am the 4th through 8th grade math and reading interventionist at Carbondale Attendance Center. My position is a part of the Title Program for the district. In the next week or two your child may come home with a student compact to be signed in order to be a part of our program. Here is how a student qualifies:

\*FastBridge Learning assessment program that provides universal screening, progress monitoring, skills analysis, and instructional guidance. This assessment is taken 3 times a year (fall, winter, spring) for both math and reading.

\*95% Group Phonics Screener for Intervention for Reading and EnVision Diagnostic Placement for Math.

\*Teacher observations within the classroom, as well as demonstration of isolated delays in the mastery of skills.

If you have any additional questions, please reach out!

SEPTEMBER 2023

## Choir/Music Announcements

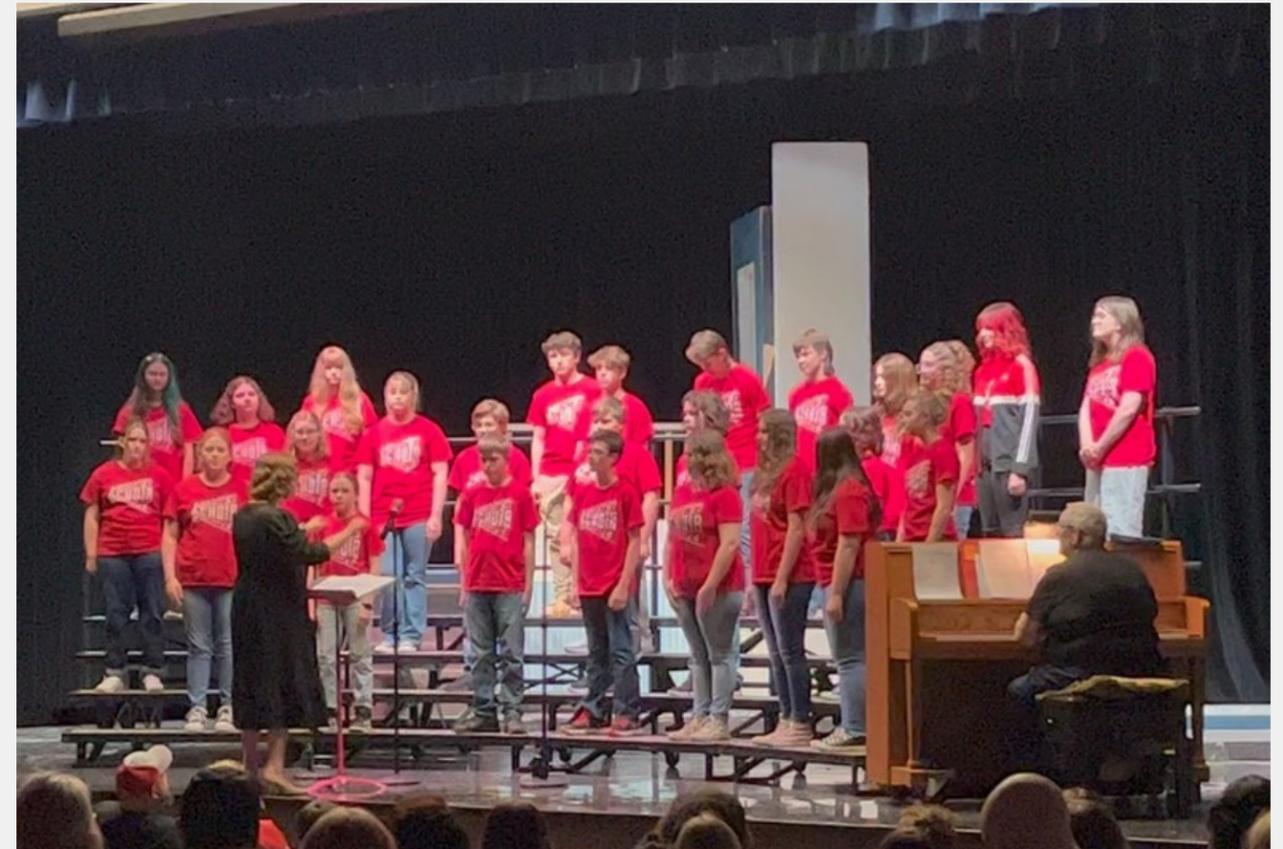
*By Kara Holbert*

We have had so much fun getting started this school year! Our JH Choir this year is bigger than ever, and our 5th and 6th graders have been a lot of fun as we have started our classes these past few weeks.

7th/8th Grade Choir parents/guardians -- please check your email soon for more detailed information about this upcoming semester and school year.

Coming up:

- JH Pioneer League Choir Concert - October 18th @ Burlington
- 7th/8th Grade Choir/Band Concert - November 29th @ 7 PM
- 6th Grade Music/Band Concert - December 6th @ 7pm
- 5th Grade Program - February 29th @ 7pm at CAC



**“Music, at its essence, is what gives us memories. And the longer a song has existed in our lives, the more memories we have of it.”**

Stevie Wonder

I  
can

&

I  
will

# WHAT WE LEARN IN GRADE 4 MUSIC

## Elements of Music: Pitch

I can

- sing, read and write these notes  
so, la, ti, do re mi fa so la ti do' and CDEFGABC'



## Elements of Music: Beat and Rhythm

I can

- move to show beats in groups of 2, 3, 4.
- read and conduct music in  $\Sigma \vee \vee \textcircled{\vee}$
- read these rhythms:

q qr Q qTq h H w W qttt  
qrt qtr eq e

## Elements of Music: Timbre

I can

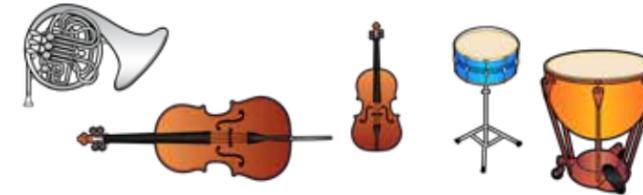
- identify and classify classroom and orchestral instruments.
- identify Orff instruments SX, AX, BX, etc.
  - identify and play instruments that are available in my program: recorder, guitar, ukulele, bucket drum, body percussion.



## Elements of Music: Form

I can

- define and use repeat signs, 1st and 2nd endings, coda, D.S., D.C., fine.
- describe ABA, AABA, rondo, theme and variations, verse chorus, D.C., fine.
- use and create rhythmic and melodic ostinato.



## Elements of Music: Expression

I can identify and perform

- **pp p P F f ff** • crescendo, decrescendo
- largo, adagio, andante, moderato, allegro, presto, prestissimo, fermata
- staccato, legato and accent

## Vocabulary

beat,	rondo
rhythm staff	theme & variations
treble clef	timbre
solo	time signature
divisi	tempo
canon	dynamics
round	form

## Create

I can improvise, create and play

- rhythm patterns, melodies, new verses, sound effects and accompaniments for songs.

## Perform

I can

- sing, move, and play instruments.
- As an Audience I can
- describe and demonstrate good performance and concert etiquette.

## Respond

I can

- write about or show with movement how music makes me feel.

## Connect

I can

- listen to music and sing songs and tell about the places they're from.

Save our  
concert date:  
Monday,  
March 4th,  
6:00 p.m., at  
Carbondale.

I am excited to be your  
new teacher. Something  
new this year is that  
we will be adding to our  
learning with  
ukuleles!

Thanks to the district for  
providing excellent  
curriculum and  
instruments.

Mrs. Sheri Moore  
smoore@usd434.us

# ATHLETICS & ACTIVITIES

## SEP 2023

By: Austin Hershberger

### Fall Sports

Fall Sports are underway! Our Cross country, volleyball, and football teams began practices on August 14 in preparation for the 2023 sports season. The hot temperatures during the second week of school forced teams to make some modifications to practices, utilizing indoor spaces as well as practicing in the morning before school.

Volleyball will kick off the Junior High sports schedule at Jefferson West Triangular with Anthony MS on August 29. They will return for their first home meet of the season on September 5th against Prairie View. Coaching the Chargers this season will be Ann Fawl (8th Grade), Cyndee Washington (7th Grade), and Ashley Fawl (Assistant Coach).

Football will begin their season on August 31, playing host to in league rival, Wellsville. The 8th grade team will look to repeat on their Undefeated League Champions season in 2022, while the 7th grade group looks to write their own story this season. Coaching the Chargers this season will be 1st year Head Coach, Jess Lewis and Assistants Robby Madden and Christian Gulker.

Cross Country looks to build upon the success they had last season, which saw a couple new school records be set. They will begin the season at Garnett Country Club on August 31, before competing in Week 2 at Banner Creek Reservoir in a meet hosted by the Holton Wildcats on September 7. Coaching the Chargers this season will be Head Coach, Denver Ramsey and Assistant Coach, Emily Roberts.

Good luck to all of our Chargers this season! Bolt Up!

### UpComing Events:

- Sep 5: JH Volleyball vs Prairie View 4p
- Sep 7: JH Volleyball vs NEK Nighthawks 4p
- Sep 7: JH Football @ Anderson County 4p
- Sep 7: JH/HS XC @ Holton (Banner Creek) 4p
- Sep 11: JH Volleyball vs Anderson County 4p
- Sep 14: JH Football vs Osawatomie 4p
- Sep 14: JH/HS XC @ Wellsville 4p
- Sep 16: JH Volleyball @ Perry-Lecompton A-Team Invitational 8a
- Sep 18: JH Volleyball @ Burlington 4p

For more, please visit [usd434.org](http://usd434.org)



*Inspiring and Empowering  
Every Charger, Every Day!*

SEPTEMBER 2023

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## **FBLA- Middle Level Chapter**

*by Kim Dayhoff & Rob Colvin*

Welcome back students and staff!

The middle Level FBLA chapter will be having an interest meeting in mid September for any 7th and 8th grader who are interested in being a part of the Future Business Leaders of America chapter.

FBLA is a great way for students to prepare for any career through academic competitions, leadership development, and educational programs. Students do not need to be business minded in order to benefit and to be successful in the middle level of FBLA.

Students will compete at the district level in January and then at the state level in March 2024.



**Eighth graders, Elizabeth Parkhill and Lillian Barnes at KLC Camp**

## **KAY News**

*by Alicia Amborski*

KAY would like to welcome everyone back to school. We will soon be opening up membership to new members. KAY is a service group available to 6-8th grade. It is our goal to offer services to our school, community, nation and world. Our meetings take place prior to the school day for the most part so that they do not interfere with those in sport activities. Please look for information to come home with students within the next couple of weeks.

One of the opportunities that KAY members have is the opportunity to attend KLC camp at Rock Springs. Both Elizabeth Parkhill and Lillian Barnes took part in camp this summer and came back with multiple ideas for providing service to those around them. We look forward to them sharing their experience with others.

# Technology Classes

**4th & 5th grade students** have tech class every 4th day. They started off getting to know each other and Mrs. Dayhoff with bingo and motor mouth minute game that students enjoyed getting out of their seats and giving verbal clues to their team members about words related to school and technology.

They will focus on learning proper keyboarding skills along with the google app programs that will be incorporated with tech projects. Their first project will be an All About Me poster they will design and showcase the skills they have when designing a digital poster along with telling me about themselves.

**The 6th graders** will have tech class for a 9 week time frame. Their focus will be digital citizenship and the do's and don'ts of digital etiquette along with practicing their keyboarding skills. The students will design a project to showcase what they are learning about being a good digital citizen.

Their first assignment was to design a digital poster using the program of their choice to tell me about themselves.

## Mrs. Dayhoff

The students in **7th & 8th grade** have tech class as an elective either their 7th or 8th grade year. It's a semester class and they continue to practice their keyboarding skills along with more advanced skills in google apps along with introduction to the Microsoft Office programs. They will also do a small unit on financial literacy where they learn about budgeting, needs vs wants and experience a Game of Life digital activity where they figure their budget, taxes and deductions with a career choice they randomly choose.

The students will also have access to 3D pens, 3D printer, a Cricut to support their projects they will choose throughout the semester from coding, 3D design, research projects, animation, game and app creation, Artificial Intelligence and more as their options are unlimited. I encourage the students to challenge themselves and add to their skills so their future has no limitations.

The students first assignment was to design an All About Me digital poster using the program of their choice to tell me about themselves. They were also to focus on their design skills with contrasting colors, font styles and being creative.



## Band Announcements

*by McKenzie Rice*

The CAC band program is off to an amazing start this school year! We have some very enthusiastic students this year, and I am very excited for the growth we have seen this year. The first couple days of school we worked on some team building activities, and now we are off to playing and building upon our instrumental skills. Below you can find some dates for our fall concerts and events.

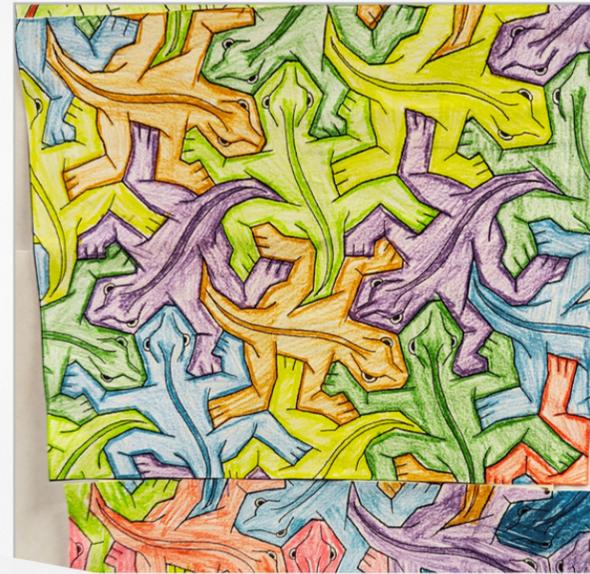
- November 15th 7:00pm: 5th Grade Concert
- November 29th 7:00pm: 7th/8th Concert
- December 6th 7:00pm: 6th Concert



**Art Club** will resume after Winter Break. More information will be available when the time nears.

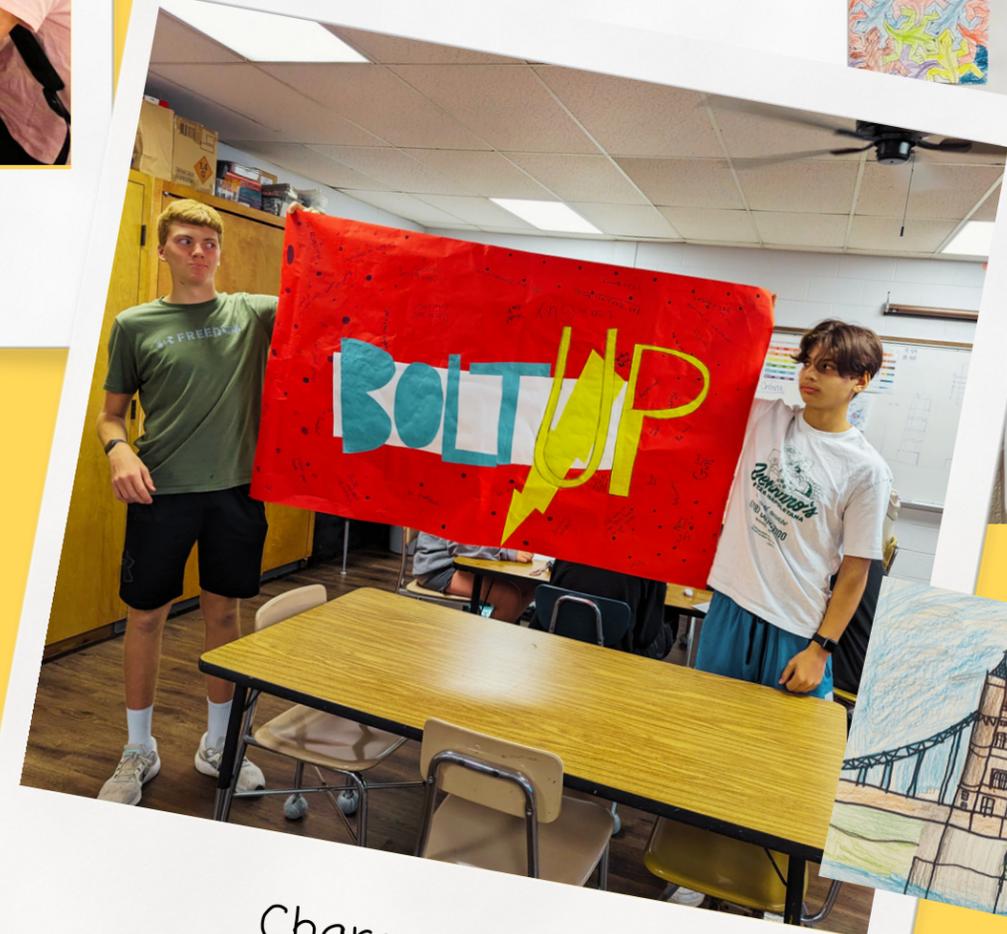


Color Wheels



Students have been working hard to bring their creativity to life in the art room! 4th & 5th graders kicked off their first unit, Color, by making color wheels and learning about how colors interact and mix with each other.

6th graders and Junior High kicked off their first unit, Observational Drawing, by learning how tone/value creates depth, and applying their knowledge to their first project: Bridge Drawings.



Charger Spirit



# Weights and PE

As we begin another school year the PE department is getting into full swing. Coach Staten is in year #2 of running the weights program and Coach Duncan is in year #25 running the PE program. The overall goal of the PE department is to add a variety of activities, encourage participation, and work towards activities that can lead to an active lifestyle later in life. The weight program is in the process of going through lifting fundamentals and techniques with an emphasis on weight room safety. Coach Staten says: "Its important for us to give the students a good workout but more important for us to ensure safety and fundamentals into the beginning weight lifters." As the year progresses the students will be progressing to Locomotor and plyometric movements that help build body weight strength, muscular endurance, and mobility. This semester Coach Staten will also be adding a bicycling unit to build leg strength.



**Stop by the gym or weightoom and see all the good things that are going on!**



The PE class is divided into weekly units that offer a variety of activities that range from volleyball, floor hockey, pickleball to even tailgate games. Coach Duncan beleives that learning the basic principles of these games will come in handy at some point. "The more activities you put in front of kids, the more likely they are to enjoy or find a passion that suits them." "Not all kids like the same things, so a good variaty is important." The message Coach Duncan often Delivers is: PE class should be fun, it should be about activity, learning how to conduct yourself in a competative enviroment, and learning how to communicate and show teamwork.

# Counselor's Corner



**My name is Emily Watts and I am excited to join Carbondale Attendance Center/SFTJH as the new school counselor this year! My goal is to support the academic, personal, and social-emotional development of all students in our school. I believe that each student has unique strengths and needs, and my role is to provide guidance and resources to help them reach their full potential. Throughout the school year, I will meet with students individually or in small groups, where we will discuss topics such as coping strategies, building positive relationships, conflict resolution, and goal setting. I will also provide bi-weekly guidance lessons to 4th and 5th grade students, which will begin in the next few weeks. In September, 6th through 8th grade students will attend a presentation about bullying awareness and prevention. I look forward to working with you all this school year. Please feel free to reach out to me if you have any questions or concerns.**

Contact: [ewatts@usd434.us](mailto:ewatts@usd434.us)

1-800-836-9525 x3101